



# Roots

THE RESTAURANT

## Five Elements Menu

*Priced per group of 4 guests*

### *Early Morning*

*Yogurt Parfait with bananas and granola 16.00*

*Assorted Muffins, Breads, Pastries 20.00*

*Fruit Salad seasonal 20.00*

### *Appetizers*

*Cheese Board with local cheese, jellies, pestos and crostini 25.00*

*Phyllo Cups with tomato, basil, Maplebrook mozzarella and garlic aioli 18.00*

*Mini Puff Pastry with mushroom, cheese and scallions 18.00*

### *Luncheon Items*

*Flat Bread Wraps with curry chicken, cranberry, turkey, grilled vegetables 30.00*

*Quinoa Salad with blueberries, dressed with almonds, walnuts, apricots & cranberries 25.00*

*Quiche seasonal 18.00*

*Spinach Salad with bacon vinaigrette, tomatoes, bleu cheese, onion, tomato & roasted chicken 28.00*

### *Desserts*

*Fruit Platter seasonal 20.00*

*Cookie Platter 14.00*

*Cheesecake 20.00*

*Mousse Cake 20.00*

---

**[www.rootsrutland.com](http://www.rootsrutland.com)**

51 WALES STREET • RUTLAND, VERMONT